

NOVEMBER 2021 IRONWOOD SUPPORTIVE CARE SERVICES CALENDAR

Online classes are open to everyone as a community service by Ironwood Cancer & Research Centers.

Participation is at your own risk. ICRC assumes no liability for services provided.

Pantries are available for patients in need by appointment with Supportive Care Services.

For boutique needs please contact Supportive Care Services at 480-314-6660.

Due to COVID-19 boutiques are not open daily.

You must call Supportive Care Services at 480-314-6660 or e-mail wellness@ironwoodcrc.com to get access to online classes listed below.

Boutique Hours

For boutique needs please contact supportive services at 480-314-6660. Due to COVID-19 boutiques are not open.

GLENDALE

Address

5810 W. Beverly Ln, Glendale, AZ 85306

CHANDLER

Address

685 S. Dobson Rd, Chandler, AZ 85224

CHANDLER BUSINESS OFFICE

Address

700 W. Warner Rd, Chandler, AZ 85225

GILBERT

Address

3686 S. Rome St, Gilbert, AZ 85297

MESA (ARBOR)

Address

6111 E. Arbor Ave, Mesa, AZ 85206

SCOTTSDALE

Address

8880 E. Desert Cove, Scottsdale, AZ 85260

SUN CITY

Address

14810 N. Del Webb Blvd #3, Sun City, AZ 85351

Ongoing Online Classes & Groups

At this time, all of our classes are being facilitated online until further notice. Call 480-314-6660 or e-mail wellness@ironwoodcrc.com for online class access information.

Lunch & Learn Series: *Bone Health, Before & After Cancer with Dr. Rula*, 11am-12pm, November 2

Colorectal Cancer Support Group

1st Tuesday, 3-4:30pm, November 2

Support Group for Young Adults (New Class Hosted by Jessica Geared to 18-24 year olds)

1st Tuesday, 5:30-7pm, November 2

Chandler Breast Cancer Support Group

1st Wednesday, 6-8pm, November 3

Tai Chi

Thursdays, 10-10:45am, November 4, 11, 18 *Note: No class on Nov 25*

Sun City General Cancer Support Group

2nd Monday, 10am-12pm, November 8

Prostate Support Group

2nd Monday, 7-9pm, November 8

Lunch & Learn Series: *Dealing with Anxiety about Cancer Scans with Jessica*, 11am-12pm, November 9

Chair Yoga

2nd & 4th Wednesday, 10-11am, November 10 & 24

Scottsdale Breast Cancer Support Group

2nd Saturday, 10am-12pm, November 13

Lunch & Learn Series: *Staying Positive Through Treatment with Nicole*, 11am-12pm, November 16

Watercolor and Acrylic Painting

3rd Wednesday, 10-11am, November 17

Mesa (Arbor) General Cancer Support Group

3rd Wednesday, 5-6:30pm, November 17

Healing with Reiki (New Class Hosted by Kerri Wade)

3rd Friday, 1:30-2:30pm, November 19

Caregiver Support Group (Hosted by Nicole this month)

3rd Saturday, 10am-12pm, November 20

Survivors Support Group

4th Monday, 6-7:30pm, November 22

Lunch & Learn Series: *Stereotactic Treatment for Lung Cancer with Dr. Ambrad*, 11am-12pm, November 23

Metastatic Support Group

4th Wednesday, 3-4:30pm, November 24

Lunch & Learn Series: *Misconceptions of Chemo*, 11am-12pm, November 30

Events are subject to cancellation or change.
View the code below with your iPhone camera
or scan to view our current online calendar.



Ironwood Cancer
& Research Centers

Outsmarting Cancer One Patient at a Time™



Ironwood Women's Centers

